



Guide 9

Care and check-ins

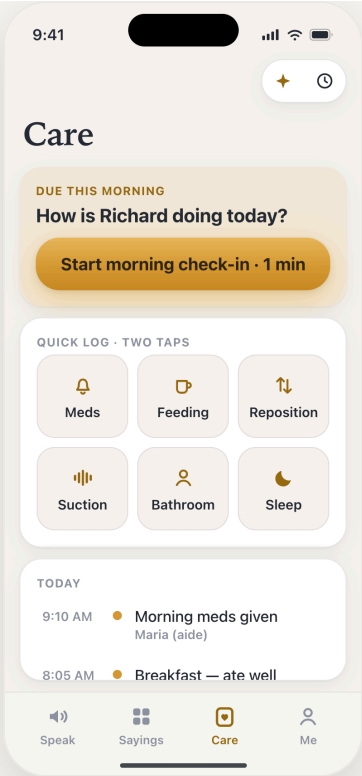
Run the day, log care, and hand off to the next person.

The Care tab keeps a simple record of the day, gentle check-ins, and a handoff note a caregiver can pass along. It is optional, and it stays on the device unless it is shared.

For patients and the caregivers who help them.

1. The Care tab

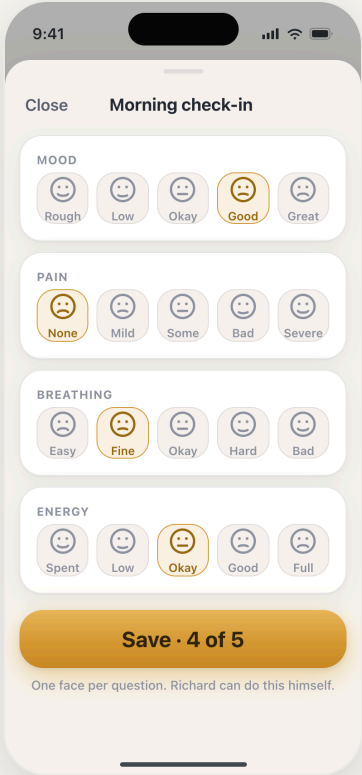
Log the things that matter in a couple of taps, medication, meals, comfort, so the day is not carried in anyone's memory.



The Care tab.

2. Daily check-ins

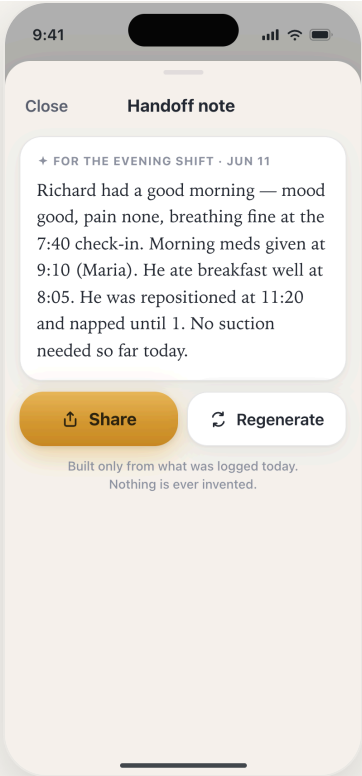
A quick, gentle check-in captures mood, pain, breathing, energy, and swallowing on a one-to-five scale. It takes seconds and builds a picture over time.



A check-in.

3. Care handoff

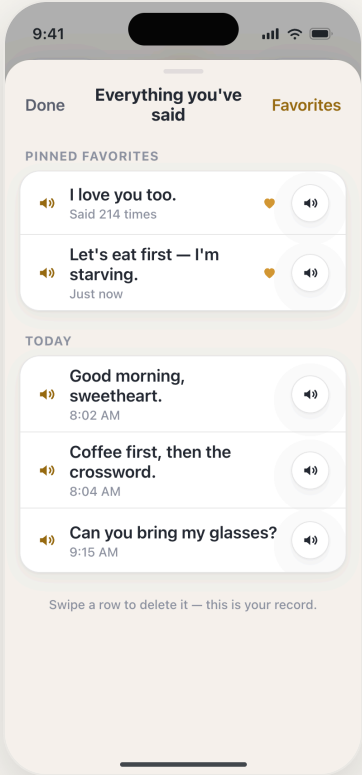
One tap turns the day's log into a clear, plain-language note for the next shift or family member, drafted only from what was actually logged.



A handoff note.

4. History

Everything spoken and logged is kept in History, so it is easy to look back, repeat a phrase, or review how a few days have gone.



History.